



Teach One to Lead One®

LIVING PRINCIPLES!™

Created by Celebrate Life International

What is Teach One to Lead One®-Living Principles?™?

Teach One to Lead One®-Living Principles!™ (T1L1-LP) is a team mentoring programme that enables you to bring the Teach One to Lead One® philosophy to your community.

Are you looking for a way to build character and leadership skills in young people with a spirit of adventure and celebration? Do you have a team of like-minded adults with a passion to mentor youth? Then T1L1-LP is perfect for you!

This volunteer mentor-based programme includes the training and materials needed to get you started. The Teach One to Lead One® philosophy is a tried-and-true solution that introduces young people to **universal ethical principles** that enable them to build lives of integrity, create positive relationships, stand strong in healthy habits, and multiply their influence among their peers. T1L1-LP is simple to facilitate, fun, exciting, and geared toward an audience of youth between age 11 and 19 in many kinds of settings.

Who can use this programme?

Becoming a T1L1-LP mentor team requires a partnership between you and Celebrate Life South Africa (CLSA).

If your team of volunteers agrees to the T1L1 philosophy and meets the requirements for collaboration with our NPO, then you are eligible to order the T1L1-LP Programme Kit. You can apply online by visiting www.CelebrateLife.org/country/za (click on PROGRAMMES).

What is in the Programme Kit?

The T1L1-LP Programme Kit contains:

- 4 Mentor Preparation Manuals
- 1 Mentor Training DVD
- 4 Curriculum Books
- 1 Companion DVD
- Performance Measurement Assessments for 30 learners

Additional materials are available for your mentor team to use to enhance delivery of the programme such as learner journals, visual aids, screen-printed logo t-shirts, completion certificates and more!

Make a Difference... Get Started Today?
Visit www.CelebrateLife.org/country/za

Universal Principles

Respect

Integrity

Teamwork

Self-Control

Courage

Compassion

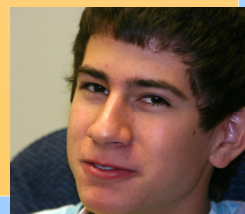
Humility

Responsibility

Excellence

Enthusiasm

Honour



What's the goal of T1L1-LP?

Teach One to Lead One®–Living Principles!™ links up positive adult role models from the community with youth within the context of healthy mentoring relationships.

The end result will be community-wide transformation. Youth will be equipped to live lives of integrity, stand strong in healthy habits, create positive relationships and multiply their influence among their peers.

Through the **Teach One to Lead One®** programme, learners are encouraged to seek truth and begin asking questions of significance regarding their lives and their future.

The goal is that caring adult mentors do the following:

- Care about and love the children unconditionally
- Teach truth (Universal Principles)
- Build relationships
- Encourage
- Give hope
- Role-model a life of integrity

The goal is that the mentored learners do the following:

- Feel loved, empowered and encouraged
- See a positive role model
- Learn about and apply the Universal Principles
- See their value
- Have hope
- Influence their peers positively

What about training?

The **T1L1-LP Programme Kit** provides self-study materials so that your team can effectively train itself. Easy-to-understand manuals and helpful video clips are designed to equip you to implement the programme. The basic Kit contains materials to train four mentors and administer the programme to 30 learners. You may purchase additional supplies for more mentors and learners.

How long does the programme last?

T1L1-LP consists of 12 sessions. We encourage you to build quality relationships with the learners by delivering the curriculum in 12 weeks. Some flexibility is built in, however, if you need to follow a different schedule.

Where can we use the programme?

You can deliver the T1L1-LP programme in many settings:

- Public high schools and the latter part of primary schools
 - Alternative schools and juvenile facilities
 - Camps and church youth groups
- ...and many other customized environments of your choosing



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