



Teach One to Lead One[®]

LIVING PRINCIPLES![™]

Created by *Celebrate Life International*

Teach One to Lead One[®]—Living Principles![™] is a team mentoring program that is available to caring adults all over the world who want to become mentors. The volunteer mentor teams partner with Celebrate Life International to implement the *Teach One to Lead One[®] Living Principles![™]* program. The program is simple to facilitate, fun, exciting and geared toward youth ages 11 through 19. This program is easily adaptable to different time-frames and classroom settings. It is designed to be delivered by a team of volunteer mentors working together as co-facilitators and focuses on the mentor-student relationship. Anyone who has a heart to help kids can use this program.

The purpose of this mentoring program is to provide a comprehensive, simple and effective program that brings together caring adult mentors with youth who need their help.

The training for implementing this program is self-study of Mentor Preparation Manual. The main requirement is that the program be implemented by at least two caring adult mentors working together as a team. Preferably, there will be a ratio of 1:5 adult mentors to students within each program setting.

The T1L1-LP Program Kit (\$595) contains materials to equip a team of four mentors:

- 4 Mentor Preparation Manuals (training)
- 1 Mentor Training DVD
- 4 Curriculum Books
- 1 Peer-mentoring DVD (Contains 12 three-minute videos)
- Performance Measurement Assessments & Program Evaluations for 40 Students

Program Components

12-Session Curriculum and Peer-Mentoring Video

Session 1 – Universal Principles

Session 2 – Respect

Session 3 – Teamwork

Session 4 – Integrity

Session 5 – Self-control

Session 6 – Courage

Session 7 – Compassion

Session 8 – Humility

Session 9 – Responsibility

Session 10 – Excellence

Session 11 – Enthusiasm

Session 12 – Honor

Session Outline

1. Life Lesson video – “Living Principles” – The life lesson video is a peer-mentoring video starring seven former T1L1 students. It is dynamic and artistically-designed to catch and hold the students’ attention. It is specifically designed for the type of audience it is meant to reach. It contains footage of real kids talking about real situations and will relate to that particular session’s topic. It will serve as the introduction of the session principle. It has dynamic camera angles, editing, music and interesting content that will make an impact on those who view it. It is designed to bridge the gap between the adult mentors and the students by providing peer mentoring.

2. Class Discussion – “The Big Picture” – The class discussion immediately follows the video and allows the mentors and the students to openly talk about what the video depicted and how the information relates to the session principle. The mentors and students will share personal stories as they are related to the “big picture”. The students will get a clear understanding of the session principle, how it related to the video, how it relates to everyone and why it is important in life.

3. Life Skill – Each session has a life skill that the mentors will emphasize to the students as a skill they should learn and put into action in their lives in order for them to experience the best that life has to offer. This life skill is specific to the session principle and is a practical application of that principle.

4. Interactive Activities – “How Do I Use It?” – Depending on the amount of time, the mentor-team will lead the students in one, some or all of the activities listed below:

- ✚ Game – physical activity
- ✚ Role Play – dramatic activity
- ✚ Poster – creative activity
- ✚ Writing – mental activity

The students and mentors will work in groups for these activities. The point of each activity is for the session principle to be explained further and for the students to get a clear understanding on how they are to use it in their daily life. These activities should be fun and creative. The goal is to not only develop clarity about how to apply the session principle but also for the students and mentors to have fun and laugh together.

5. Small Groups – “Break It Down.” – The students and the mentors will form small groups where they will spend time analyzing all aspects of what they’ve learned about the session principle. They will share personal stories and experiences. The mentors will take on the role of listener and encourage the students to talk about whatever is on their mind. The mentors will make sure that each student has a clear understanding of the session’s events and goes away thinking about how to make a positive change in their life. Mentors also utilize storytelling as a means of teaching students about the session principle.

Suggested Program Additions

- **Community Service Project** - The Mentor Teams are encouraged to go another step by arranging a community service project for their class to perform during or at the end of the program. This community service opportunity will allow the students a chance to put into practice the principles they have learned over the course of the program. Doing this will give them a sense of value and also let the community see the positive changes being made in their lives.
- **Graduation Ceremony** - The Mentor Teams may choose to plan a special event or graduation ceremony recognizing the students at the completion of the program. Special completion certificates and *Teach One to Lead One®—Living Principles!™* logo t-shirts may be presented to the students at this time.

***Note:** Mentor Teams will secure funding to cover costs of service projects, graduations and completion certificates, special awards and t-shirts.*

- **Continuation of Mentoring** - The Mentor Teams are encouraged to continue nurturing the relationships with the students even after the completion of the program by meeting with the students regularly and connecting them with a local church or youth program.